



PRICING & OFFERS

Gym Membership

Regular Membership - \$75/month (\$37.50 per fortnight via direct debit)

Casual Visit \$15

Yearly Regular Membership - \$810

One-on-one Personal Training/Coaching session

\$50 per 30 mins (can be run through technique, nutrition analysis, programming analysis, etc)

\$80 per 60 mins (can be run through technique, nutrition analysis, programming analysis, etc)

Current NPS Team Member

FREE entry for casual gym visit. Discount may apply for ongoing gym membership

One-on-one personal training/coaching session – prices as above minus 15%

CANCELLATION POLICY:

Due to the high demand for coaching sessions, we will be implementing a cancellation policy.

- If you book a session, and cancel with more than 24 hours notice, there will be no charge as we will be able to fill your spot.
- If you cancel your session on the day of your session, you will be charged 50%.
- If you simply do not show up, you will be charged the full amount of the missed session.

Please discuss with your Coach if you have a legitimate reason for a no-show or unable to show.

Thanks for your understanding.

Bring a Friend for Free Offer

The Bring a Friend for Free offer is only available to friends of current NPS Lab members. The friend must be a local resident, proof of residency applies. The friend must be a first time user of the NPS Lab. Maximum of two friends allowed to attend with the NPS Lab member at any one time. Friend/s must fill out a Pre-Exercise Questionnaire before the commencement of training.